

## Sebastian S. Lighvani, MD

New York Allergy and Asthma, PLLC  
261 East 78<sup>th</sup> Street New York, NY 10075

Persons scheduled for skin testing **should not take antihistamines or medications containing them for at least 3 but preferably 5 days before being tested.** Antihistamines are **often found in cold or allergy medicines.** You may continue to take decongestants, mucus thinners and most nasal sprays.

**YOU MUST CONTINUE TO TAKE ASTHMA MEDICATIONS  
AND DRUGS FOR ALL OTHER MEDICAL CONDITIONS.**

Some of the available antihistamines are listed below.

*Store brands are not listed so check the ingredients or ask your pharmacist.*

ACTIFED	DRISTAN
ALLEGRA	FEXOFENADINE
ALLEGRA-D	HYDROXYZINE
ALLERX	LORATIDINE
ATARAX	NOLAMINE
ATROHIST	OPTIMINE
ASTELIN	PATANASE
ASTEPRO	PBZ
AZATIDINE	PERIACTIN
BENADRYL	PHENERGAN
BROMPHED	PROMETHAZINE
BROMPHENIRAMINE	RONDEC
CARBINOXAMINE	SEMPREX-D
CETRIZINE	TAVIST
CHLORPHENIRAMINE	TAVIST-D
CHLORTRIMETON	TELDRIN
CLARINEX	TRINALIN
CLARINEX-D	TRIPLENNAMINE
CLEMASTINE	TRIPROLIDINE
COTYLENOL	TYLENOL PM
CYROHEPATIDINE	UNIDECON
DESLORATIDINE	VISTARIL
DIMETANE	XYZAL
DIMETAPP	ZYRTEC
DIPHENHYDRAMINE	ZYRTEC-D