

**From:** Alisa Bekins <[REDACTED]>  
**To:** Lesley Groff <[REDACTED]>  
**Subject:** Re: Meeting - Feb 4 - 9:30 AM - Peter Thiel dietary restrictions - CONFIDENTIAL  
**Date:** Wed, 03 Feb 2016 23:36:57 +0000

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Anytime. :)

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On Feb 3, 2016, at 6:35 PM, Lesley Groff <[REDACTED]<mailto:[REDACTED]>>  
wrote:

Hi Alisa. He most certainly is! Jeffrey looks forward to seeing him! Thank you so much for the bells. Greatly appreciate it!

[REDACTED]  
Assistant to Jeffrey Epstein

Sent from my iPhone

On Feb 3, 2016, at 6:20 PM, Alisa Bekins  
<[REDACTED]<mailto:[REDACTED]>> wrote:

Hi Lesley -

Peter mentioned he is heading to Jeff's tomorrow at 9:30 AM. In the event they eat breakfast, here is a list of Peter's dietary restrictions for your Chef. Please let me know if anything changes or you need anything! ;)  
All the best,  
Alisa  
1-415-635-5705

APPROVED SUSHI

APPROVED PROTEIN

Kaki Oysters

Bass

Nigiri

Beef

Octopus

Catfish

Sashimi

Chicken  
Scallops  
Eggs  
Sea Urchin  
Lamb  
Seabass  
Perch  
Spicy Tuna w Avocado  
Trout  
Squid  
Turkey  
Sweet Shrimps  
Whitefish  
Tobiko  
Tuna  
Yellowtail

APPROVED VEGETABLES

APPROVED NUTS

Artichoke

Anything unsalted and unroasted

Avocado

Beets

Broccoli

CONDIMENTS

Brussels sprouts

Most fresh herbs, and Olive oil

Cabbage, carrots

Cucumber

Garlic

Olives

Onions

Peppers

Salad greens

Spinach

AVOID

Dairy

Fruits

Gluten

Grains

Ketchup

Mayo

Mushroom

Peanuts

Pecans

Pistachios

Processed foods

Soy Sauce

Sugar

Tomato

Vinegar

#### MEAL SUGGESTIONS

Breakfast \* Egg whites or greens/salad with some form of protein (Steak etc)

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