

From: Alisa Bekins <[REDACTED]>
To: 'Lesley Groff' <[REDACTED]>
Subject: RE: Meeting - Feb 4 - 9:30 AM - Peter Thiel dietary restrictions - CONFIDENTIAL
Date: Thu, 04 Feb 2016 00:43:06 +0000

Ah! Do you have a cell that you use as well?
Maybe I'll use that ;-)

-----Original Message-----

From: Lesley Groff [mailto:[REDACTED]]
Sent: Wednesday, February 3, 2016 7:18 PM
To: Alisa Bekins <[REDACTED]>
Subject: Re: Meeting - Feb 4 - 9:30 AM - Peter Thiel dietary restrictions - CONFIDENTIAL

Oh my! you probably did! when Jeffrey is in NY I keep the phone line at his home in case calls come in for him that he wants to take...but usually someone else still answers ;)

My office number: [REDACTED].. my cell [REDACTED]..I usually ALWAYS have the office line forwarded to my cell...but if he is home, it stays at his home! ;)

On Feb 3, 2016, at 6:36 PM, Alisa Bekins <[REDACTED]> wrote:

> I called your number (at least I thought it was your number) and Jeff answered!

>
> Alisa Bekins
> Thiel Capital, LLC
> Executive Office of Peter Thiel
> 1 Letterman Drive
> Building C, Suite 400
> San Francisco, CA 94129

> Work: [REDACTED] <tel:[REDACTED]>

> Cell: [REDACTED] <tel:[REDACTED]>

> On Feb 3, 2016, at 6:35 PM, Lesley Groff
<[REDACTED]<mailto:[REDACTED]>> wrote:

> Hi Alisa. He most certainly is! Jeffrey looks forward to seeing him! Thank you so much for the bells. Greatly appreciate it!

> Lesley
> Assistant to Jeffrey Epstein

> Sent from my iPhone

> On Feb 3, 2016, at 6:20 PM, Alisa Bekins
<[REDACTED]<mailto:[REDACTED]>> wrote:

> Hi Lesley -

> Peter mentioned he is heading to Jeff's tomorrow at 9:30 AM. In the event they eat breakfast, here is a list of Peter's dietary restrictions for your Chef.

> Please let me know if anything changes or you need anything! ;) All
> the best, Alisa

> 1-415-635-5705

> APPROVED SUSHI

> APPROVED PROTEIN
>
> Kaki Oysters
>
> Bass
>
> Nigiri
>
> Beef
>
> Octopus
>
> Catfish
>
> Sashimi
>
> Chicken
>
> Scallops
>
> Eggs
>
> Sea Urchin
>
> Lamb
>
> Seabass
>
> Perch
>
> Spicy Tuna w Avocado
>
> Trout
>
> Squid
>
> Turkey
>
> Sweet Shrimps
>
> Whitefish
>
> Tobiko
>
> Tuna
>
> Yellowtail
>
>
> APPROVED VEGETABLES
>
> APPROVED NUTS
>
> Artichoke
>
> Anything unsalted and unroasted
>
> Avocado
>
> Beets
>
> Broccoli
>
> CONDIMENTS
>

> Brussels sprouts
>
> Most fresh herbs, and Olive oil
>
> Cabbage, carrots
>
> Cucumber
>
> Garlic
>
> Olives
>
> Onions
>
> Peppers
>
> Salad greens
>
> Spinach
>
>
> AVOID
>
> Dairy
>
> Fruits
>
> Gluten
>
> Grains
>
> Ketchup
>
> Mayo
>
> Mushroom
>
> Peanuts
>
> Pecans
>
> Pistachios
>
> Processed foods
>
> Soy Sauce
>
> Sugar
>
> Tomato
>
> Vinegar
>
>
>
> MEAL SUGGESTIONS
>
>
> Breakfast * Egg whites or greens/salad with some form of protein
> (Steak etc)
>
>
>
>
> Alisa Bekins

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