

**From:** Lesley Groff <[REDACTED]>  
**To:** Alisa Bekins <[REDACTED]>  
**Subject:** Re: Meeting - Feb 4 - 9:30 AM - Peter Thiel dietary restrictions - CONFIDENTIAL  
**Date:** Thu, 04 Feb 2016 00:51:49 +0000

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Sent from my iPhone

> On Feb 3, 2016, at 7:43 PM, Alisa Bekins <[REDACTED]> wrote:

>  
> And, disregard, seeing your cell :)

> -----Original Message-----

> From: Lesley Groff [mailto:[REDACTED]]

> Sent: Wednesday, February 3, 2016 7:18 PM

> To: Alisa Bekins <[REDACTED]>

> Subject: Re: Meeting - Feb 4 - 9:30 AM - Peter Thiel dietary restrictions - CONFIDENTIAL

> Oh my! you probably did! when Jeffrey is in NY I keep the phone line at his home in case calls come in for him that he wants to take...but usually someone else still answers ;)

> My office number: [REDACTED] .. my cell [REDACTED] ..I usually ALWAYS have the office line forwarded to my cell...but if he is home, it stays at his home! ;)

>> On Feb 3, 2016, at 6:36 PM, Alisa Bekins <[REDACTED]> wrote:

>> I called your number (at least I thought it was your number) and Jeff answered!

>> Alisa Bekins  
>> Thiel Capital, LLC  
>> Executive Office of Peter Thiel  
>> 1 Letterman Drive  
>> Building C, Suite 400  
>> San Francisco, CA 94129

>> Work: [REDACTED] tel: [REDACTED]  
>> Cell: [REDACTED] <tel:[REDACTED]>

>> On Feb 3, 2016, at 6:35 PM, Lesley Groff  
<[REDACTED]>[mailto:[REDACTED]]>> wrote:

>> Hi Alisa. He most certainly is! Jeffrey looks forward to seeing him! Thank you so much for the bells. Greatly appreciate it!

>> Lesley  
>> Assistant to Jeffrey Epstein

>> Sent from my iPhone

>> On Feb 3, 2016, at 6:20 PM, Alisa Bekins  
<[REDACTED]>[mailto:[REDACTED]]>> wrote:

>> Hi Lesley -

>> Peter mentioned he is heading to Jeff's tomorrow at 9:30 AM. In the event they eat breakfast, here is a list of Peter's dietary restrictions for your Chef.

>> Please let me know if anything changes or you need anything! ;) All

>> the best, Alisa  
>> [REDACTED]  
>>  
>>  
>> APPROVED SUSHI  
>>  
>> APPROVED PROTEIN  
>>  
>> Kaki Oysters  
>>  
>> Bass  
>>  
>> Nigiri  
>>  
>> Beef  
>>  
>> Octopus  
>>  
>> Catfish  
>>  
>> Sashimi  
>>  
>> Chicken  
>>  
>> Scallops  
>>  
>> Eggs  
>>  
>> Sea Urchin  
>>  
>> Lamb  
>>  
>> Seabass  
>>  
>> Perch  
>>  
>> Spicy Tuna w Avocado  
>>  
>> Trout  
>>  
>> Squid  
>>  
>> Turkey  
>>  
>> Sweet Shrimps  
>>  
>> Whitefish  
>>  
>> Tobiko  
>>  
>> Tuna  
>>  
>> Yellowtail  
>>  
>>  
>> APPROVED VEGETABLES  
>>  
>> APPROVED NUTS  
>>  
>> Artichoke  
>>  
>> Anything unsalted and unroasted  
>>  
>> Avocado  
>>

>> Beets  
>>  
>> Broccoli  
>>  
>> CONDIMENTS  
>>  
>> Brussels sprouts  
>>  
>> Most fresh herbs, and Olive oil  
>>  
>> Cabbage, carrots  
>>  
>> Cucumber  
>>  
>> Garlic  
>>  
>> Olives  
>>  
>> Onions  
>>  
>> Peppers  
>>  
>> Salad greens  
>>  
>> Spinach  
>>  
>>  
>> AVOID  
>>  
>> Dairy  
>>  
>> Fruits  
>>  
>> Gluten  
>>  
>> Grains  
>>  
>> Ketchup  
>>  
>> Mayo  
>>  
>> Mushroom  
>>  
>> Peanuts  
>>  
>> Pecans  
>>  
>> Pistachios  
>>  
>> Processed foods  
>>  
>> Soy Sauce  
>>  
>> Sugar  
>>  
>> Tomato  
>>  
>> Vinegar  
>>  
>>  
>>  
>> MEAL SUGGESTIONS  
>>  
>>  
>> Breakfast \* Egg whites or greens/salad with some form of protein

>> (Steak etc)  
>>  
>>  
>>  
>>  
>> Alisa Bekins  
>> Executive Office of Peter Thiel  
>> Thiel Capital, LLC  
>> 1 Letterman Drive  
>> Building C, Suite 400  
>> San Francisco, CA 94129  
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